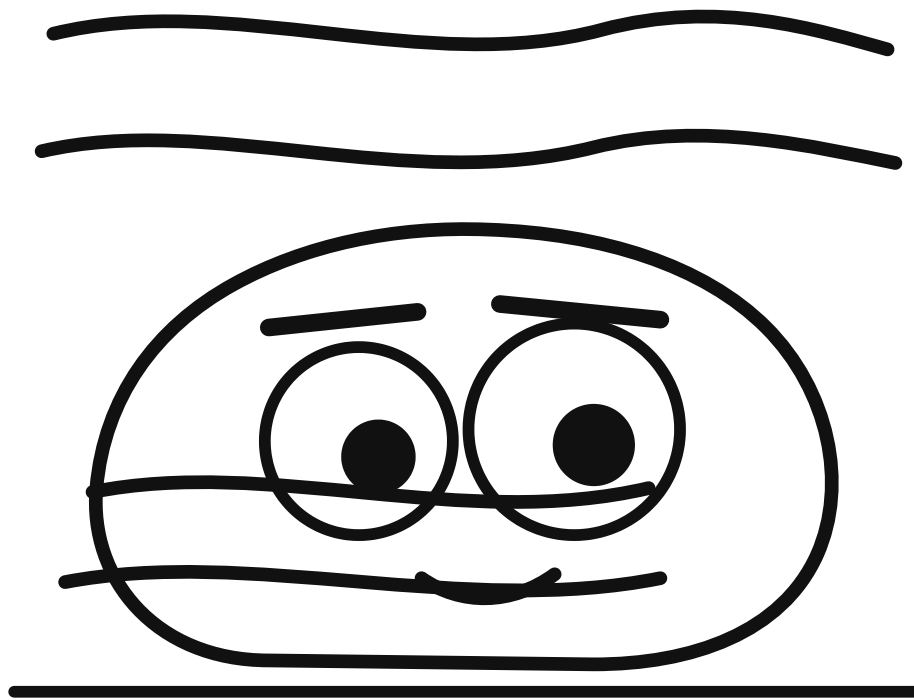


What Should I Wear?

The best reason to know the weather.

Name: _____

Today the sky is: _____



FOGGY

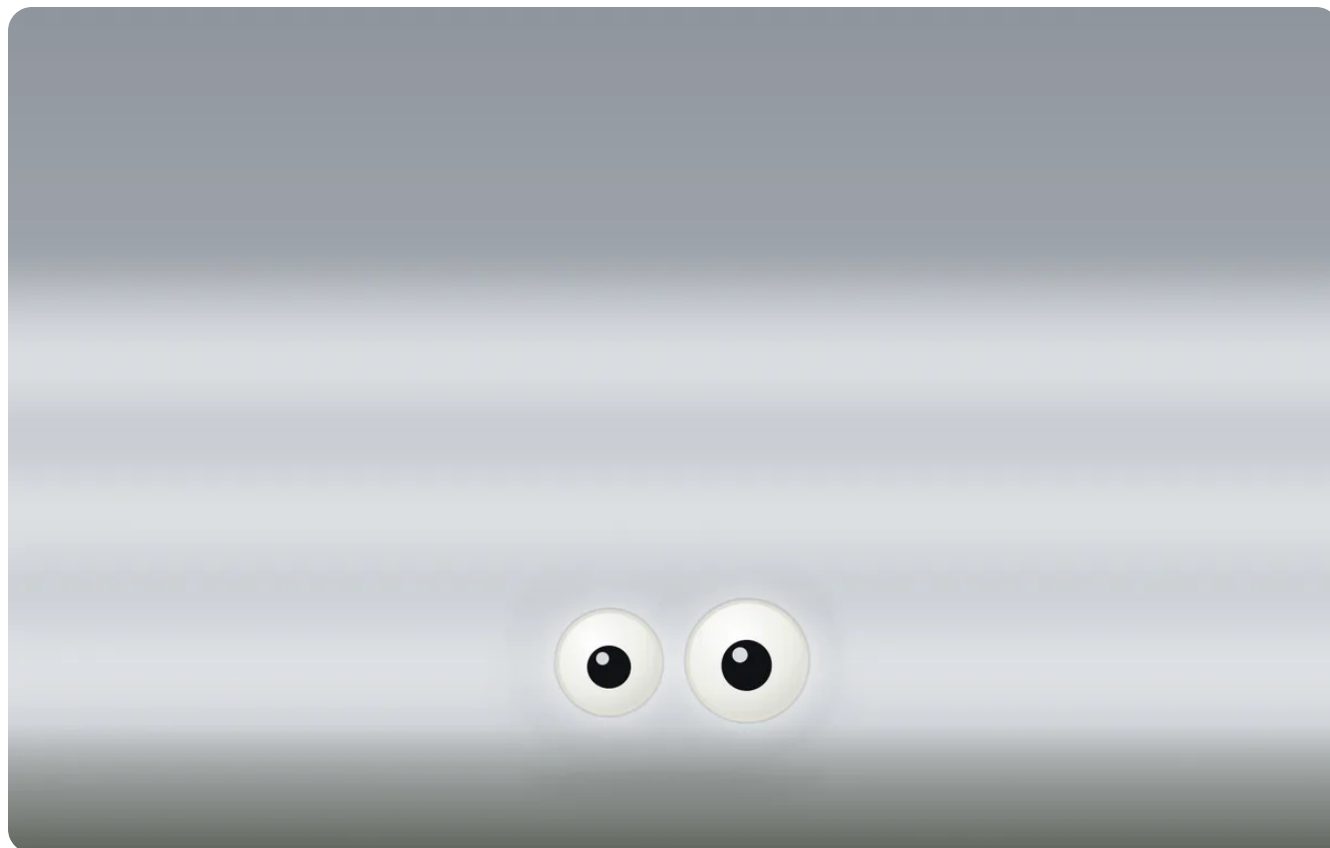
Colour the picture. Then trace the big word with a finger, and say it out loud.

GROWN-UP: WHILE THEY COLOUR

What do you think you should wear today? Why that?

What Should I Wear?

How do you pick what to wear before you even open the door?



THE MISSION: GUESS FIRST, THEN GO LOOK

Guess what the sky wants you to wear today. Boots? Hat? Sunglasses? Say your whole outfit out loud.

Now check the sky and the air out the door. Was your outfit right? Fix it and go. You just forecasted.

Sunny and hot: light clothes, a hat, and water to drink.

Rainy: boots and a coat that water slides off.

Cold: layers, because air trapped between layers keeps you warm.

Windy: something that zips, or the wind takes your warmth away.

PROFESSOR WEATHER ROCK SAYS

Layers keep you warm because they trap air between them, and still air is a surprisingly good blanket.

Rocktivity Time!

Pick a door. Every door is a good one.

MOVE LIKE THE WEATHER

Get dressed in pretend weather. Your grown-up calls a sky. Rainy! Stomp on invisible boots. Sunny! Slide on invisible sunglasses. Snowy! Wrap a giant invisible scarf. Faster every round.

ASK THEM

“What do you think you should wear today? Why that?”

THE ROCKTIVITY

Let them choose, then step outside for one minute to test the choice. Weather teaches faster than parents do.

ON THE NEXT COLD MORNING, TRY THIS

Put one mitten on and leave the other hand bare, then stand outside for ten seconds. Guess first which hand will complain. Layers are little air traps, and now both of your hands know it.

FOR THE GROWN-UP

This is the everyday habit the whole school is built to serve: look, decide, go. A child who dresses themselves by the sky is already forecasting.

THE TRAIL CONTINUES

Next time the wind grabs at your coat or tries to steal somebody's hat, zip up and go watch it work. Count three things it is pushing.

Back inside, **Windy Days** tells you what did all that pushing.